

# Partner Profile: Sailability



## Life is better on a boat

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Sailing is an ideal activity for the students at Undershaw; the feat of sailing appears to be significant, but with the right support, the over-arching aim of independent sailing, and the charitable vision of Sailability, it never fails to be one of the highlights of the Undershaw calendar.

Undershaw has a long-standing partnership with Sailability, Frensham Pond. Students are given the opportunity to try this popular activity during the summer and early autumn months each year. Often the students do not have any sailing experience. They begin by sailing with a 'buddy' but the aim is to get them sailing independently over the six week course.



Eliminating the impossible



“I am so lucky to witness the change from them sailing with a buddy to being totally in control of one of our smaller boats - it is remarkable. Watching their confidence grow is a delight.

We're so excited to share our passion for sailing with the Undershaw students – it gives them a new experience, a sense of fun and excitement, a sense of being in control and achieving through hard work and perseverance.

We are thrilled when we see them hungry to find out more and to learn new skills.”

Simon Crowther, Sailiability

## And then there's that extra 'something'

The focus is on developing sailing skills but with that comes life skills, self-confidence, and the strength that comes with autonomy and independence. The coaches develop the students' sailing skills with a range of games and races, and enhance teamworking skills by encouraging a healthy element of competition. The students also have the option of then coming along independently to the Sailiability Youth Group on a Saturday morning to develop their sailing skills further.

**'The students return to school refreshed, motivated and eager for more. Sailiability is the perfect enrichment partner to complement our broad curriculum – these are life skills embedded through having fun: the very best kind of learning.'**

**Emma West, Acting Headteacher, Undershaw**

For more information about Sailiability please [click here](#)



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